

Insights™ is the only personal development program created for students that gives them the **confidence** to take their next steps in life. Insights enables students to make personal and effective decisions based on new knowledge and self-awareness. Professional coaching will help guide these important decisions during a pivotal time in their lives.



### A plan to see yourself for the first time.

This is where it all comes together. Where a student translates personal style and strengths into a clear plan of action for today—and into the future.



### A plan to be your best.

A program where your student follows a fun path to self-discovery and creates a roadmap for making better decisions. A place where new opportunities unfold every step of the way.



### A plan to speak the same language.

Increasingly, parents, students and student advisors are doing more than talking. They are sharing knowledge and understanding each other—perhaps for the very first time.



### A plan to dream big dreams.

We'll personally coach your student through the journey, using proven techniques that strengthen leadership skills, self-awareness and confidence early in life. When you build this foundation of self-awareness, understanding and accountability, there are no limits to what's possible.

## A Plan for Life

**Communication Clarifier™**  
Understanding others through knowledge, self-awareness and clear communication

**Strengths & Styles Identifier™**  
Understanding personal style and inherent strengths

**MTG Systematic Solutions™**  
Shaping goals and decisions for today and for the future with a personal plan

**Personalized Coaching Review & Reflection™**  
Opening minds to dream big and follow the path to self-discovery